

Granby Junior School

This is an active school report card for the group:
Whole School

Date: 21/04/2021

Congratulations on completing your recent review of physical activity levels in your school. Below are the details of your review as well as the guidance and actions you have decided to work on in order to increase activity levels for the group above in your school

Inactive: All, or almost all, of the time is spent sitting down

Little activity: Sitting down might be broken up with short bursts of activity. Pupils will spend some working time standing up and moving around the teaching space

Some activity: There will be some deliberate, planned movement and physical activity built into the session

High activity: There will be significant periods of physical activity that are planned and built into the session for all pupils

Active School Review

ACTIVITY	TIMINGS	MON	TUE	WED	THU	FRI
Lesson	09:00 - 09:10	Register and starter activities	Register and starter activities	Register and starter activities	Register and starter activities	Register and starter activities
Lesson	09:10 - 10:30	English and Guided Reading	English and Guided Reading	English and Guided Reading	English and Guided Reading	English and Guided Reading
Break	10:30 - 10:45	Pupils are encouraged to be active at breaktimes, using a wide range of equipment, the MUGA, climbin	Pupils are encouraged to be active at breaktimes, using a wide range of equipment, the MUGA, climbin	Pupils are encouraged to be active at breaktimes, using a wide range of equipment, the MUGA, climbin	Pupils are encouraged to be active at breaktimes, using a wide range of equipment, the MUGA, climbin	Pupils are encouraged to be active at breaktimes, using a wide range of equipment, the MUGA, climbin
Lesson	10:45 - 11:45	Maths	Maths	Maths	Maths	Maths
Lesson	11:45 - 12:10	Whole class read	Whole class read	Whole class read	Whole class read	Whole class read
Lunchtime	12:15 - 12:55	Pupils eat and stay in class for first 40 minutes.	Pupils eat and stay in class for first 40 minutes.	Pupils eat and stay in class for first 40 minutes.	Pupils eat and stay in class for first 40 minutes.	Pupils eat and stay in class for first 40 minutes.
Lunchtime	12:55 - 13:15	Last 20 minutes of lunch-pupils outside on yard	Last 20 minutes of lunch-pupils outside on yard	Last 20 minutes of lunch-pupils outside on yard	Last 20 minutes of lunch-pupils outside on yard	Last 20 minutes of lunch-pupils outside on yard
Lesson	13:15 - 14:05	PE-Y5 and 6	PE-Y5 and 6	PE-Y5 and 6	PE-Y5 and 6	PE-Y5 and 6
Lesson	13:15 - 14:05	Afternoon lesson in class-Y3 and 4	Afternoon lesson in class-Y3 and 4	Afternoon lesson in class-Y3 and 4	Afternoon lesson in class-Y3 and 4	Afternoon lesson in class-Y3 and 4
Lesson	14:05 - 15:00	PE Y3 and 4	PE Y3 and 4	PE Y3 and 4	PE Y3 and 4	PE Y3 and 4
Lesson	14:05 - 15:00	Afternoon lesson in class-Y5 and 6	Afternoon lesson in class-Y5 and 6	Afternoon lesson in class-Y5 and 6	Afternoon lesson in class-Y5 and 6	Afternoon lesson in class-Y5 and 6
Lesson	15:00 - 15:25	End of day activities	End of day activities	End of day activities	End of day activities	End of day activities
Travel	15:25 - 15:45	Pupils are encouraged to walk/ride where possible	Pupils are encouraged to walk/ride where possible	Pupils are encouraged to walk/ride where possible	Pupils are encouraged to walk/ride where possible	Pupils are encouraged to walk/ride where possible

School Guidance

After completing this review we can see how well you are building activity across your school day:

Travel to and from School	Your school appears to have a well developed active travel plan in place. In order to make even more progress, you could try the following ideas.
Active Classrooms	You already try to use physical activity breaks in lessons. Here are some straightforward adaptations you could make to teaching that would build more regular activity into lessons.
Activities at Break Times	You already sees the value of providing structured activities at break times and have a strong programme. Here are some suggestions that could increase its impact even more.
Activities at Lunch Times	You already offer some activities and competitions at lunch times but you'd like a more comprehensive offer to enable more pupils to take part. Here are some suggestions that could help.

Good Luck! If you need any further support please contact your local School Games Organiser

Actions

The actions you would like to take are:

Consider running bike clubs or scoot & skate clubs after school.....pupils are more likely to travel to and from school actively then too	Deadline: 01/06/2022
Promote active travel by helping parents plan a walking route to school. A number of websites provide an urban walking route planner which provides a walking map to follow	Deadline: 01/06/2022